

# 40 for 40

## Sherri's 40<sup>th</sup> Birthday Adventures

Week	MON	TUES	WED	THURS	FRI	SAT	SUN
1				<b>Day 1</b> <b>Feb 18<sup>th</sup></b>  <b>Dinner</b> <b>with</b> <b>Friends &amp;</b> <b>Kids</b>	<b>Day 2, 3, 4</b> <b>Feb 19<sup>th</sup>, Feb 20<sup>th</sup> &amp; Feb 21<sup>st</sup></b> <b>Olympic Weekend in Vancouver BC</b> <b>Hanging with Vancouver Friends</b> <b>Run along the Seawall</b> <b>Hike Grouse Grind</b> <b>Chance of a lifetime for the kids</b>		
2	<b>Day 5</b> <b>Feb 22<sup>nd</sup></b> <b>Singing</b> <b>&amp; Car</b> <b>Games</b> <small>(all the way home from Vanc)</small>	<b>Day 6</b> <b>Feb 23<sup>rd</sup></b> <b>Massage</b>	<b>Day 7</b> <b>Feb 24<sup>th</sup></b> <b>Hot Yoga</b> <b>with GF</b>	<b>Day 8</b> <b>Feb 25<sup>th</sup></b> <b>Lunch</b> <b>with a</b> <b>friend</b>	<b>Day 9, 10, 11 and 12</b> <b>Feb 26<sup>th</sup>, 27<sup>th</sup>, 28<sup>th</sup>, Mar 1<sup>st</sup></b> <b>New Orleans/Mardi Gras</b> <b>Half Marathon Weekend</b> <b>Bourbon St</b> <b>French Quarter</b> <b>Mardi Gras Half Marathon</b>		
3	<b>Day 12</b> <b>Mar 1<sup>st</sup></b> <b>Fly</b> <b>Home</b> <b>after</b> <b>lunch in</b> <b>French</b> <b>Quarter,</b> <b>New</b> <b>Orleans</b>	<b>Day 13</b> <b>Mar 2<sup>nd</sup></b> <b>Massage</b>	<b>Day 14</b> <b>Mar 3<sup>rd</sup></b> <b>Hot Yoga</b> <b>with GF</b>	<b>Day 15</b> <b>Mar 4<sup>th</sup></b> <b>Pedicure</b>	<b>Day 16, 17, 18</b> <b>Mar 5<sup>th</sup>, 6<sup>th</sup>, 7<sup>th</sup></b> <b>Weekend at the Coast with the Kids</b> <b>Walk along the ocean</b> <b>Hike along the Coast</b> <b>Fun games in SeaSide</b>		
4	<b>Day 19</b> <b>Mar 8<sup>th</sup></b> <b>Dinner</b> <b>&amp; Movie</b> <b>Night</b> <b>with</b> <b>Kids</b>	<b>Day 20</b> <b>Mar 9<sup>th</sup></b> <b>Massage</b>	<b>Day 21</b> <b>Mar 10<sup>th</sup></b> <b>Shopping</b> <b>Trip,</b> <b>Lunch,</b> <b>Hot</b> <b>Yoga,</b> <b>Dinner &amp;</b> <b>Drinks</b> <b>with GF</b>	<b>Day 22</b> <b>Mar 11<sup>th</sup></b> <b>Lunch</b> <b>with a</b> <b>friend</b>	<b>Day 23</b> <b>Mar 12<sup>th</sup></b> <b>Kareoke</b>	<b>Day 24</b> <b>Mar 13<sup>th</sup></b> <b>Indoor Rock</b> <b>climbing</b> <b>&amp;</b> <b>Dancing</b> <b>with GF</b>	<b>Day 25</b> <b>Mar 14<sup>th</sup></b> <b>Run &amp;</b> <b>Day at the</b> <b>Spa with</b> <b>GF</b>

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5	Day 26 Mar 15 <sup>th</sup> Dinner & Movie Night with Kids	Day 27 Mar 16 <sup>th</sup> Massage Inspire Others with Triathlon Training Workout	Day 28 Mar 17 <sup>th</sup> Hot Yoga with GF & St Pats Day Drinks	Day 29 Mar 18 <sup>th</sup> Lunch with a friend	Day 30 Mar 19 <sup>th</sup> Kids' Friends Sleepover Party	Day 31 Mar 20 <sup>th</sup> Hike with the Kids & then Kids Choice	Day 32 Mar 21 <sup>st</sup> March Muddy Madness
6	Day 33 Mar 22 <sup>nd</sup> Dinner & Movie Night with Kids	Day 34 Mar 23 <sup>rd</sup> Massage	Day 35 Mar 24 <sup>th</sup> Hot Yoga with GF	Day 36 Mar 25 <sup>th</sup> Indoor Rock climbing with Kids	Day 37 Mar 26 <sup>th</sup> Movie & Dancing	Day 38 Mar 27 <sup>th</sup>  Snowboard at Mt. Hood	Day 39 Mar 28 <sup>th</sup>  Skydive
7	Day 40 Mar 29 <sup>th</sup> Dinner with Friends & Kids						

- A 40 day celebration with the people I love... doing the things I love to do, things I've never done but want to do & things I'm totally freaked out to do
- Highlights include a weekend Trek to the Olympics in Vancouver BC (never been and it seems like a once in a lifetime opportunity), a half marathon in New Orleans (always wanted to go to New Orleans and it seems like it will be a rocking party), weekend at the coast, hiking, rockclimbing, snowboarding, hot yoga, massages, karaoke, dancing, and culminating with the thing that freaks me out the most – Skydiving!
- I'll start and finish my 40 day celebration with the things that are most important to me – Friends & Kids!
- I would like to invite all my friends, family, colleagues and clients to join me for any of the events/activities that interest them
- Yes, this seems a little self-indulgent but... "It's my birthday and I'll plan if I want to, plan if I want to, plan if I want to"... Plus, no doubt, I will never forget my 40<sup>th</sup> Birthday! Living Life to the Fullest!